

# Horários de yoga

	Segunda	Terça	Quarta	Quinta	Sábado
<b>Manhã</b>		<b>9:30 – Hatha Yoga</b> Ana Paula Leonel		<b>9:30 – Hatha yoga</b> Ana Paula Leonel	<b>9:00 – Hatha Yoga</b> Ana Paula Leonel  <b>10:00 – Hatha Yoga</b> Ana Paula Leonel
<b>Tarde</b>	<b>15:00 – Yogaterapia</b> Cibeleh Augusto		<b>15:00 – Yogaterapia</b> Cibeleh Augusto		
<b>Noite</b>	<b>18:00 – Hatha Yoga</b> Márcia Marcatto  <b>19:00 – Hatha Yoga</b> Márcia Marcatto  <b>20:00 - Hatha Yoga</b> Márcia Marcatto	<b>17:30 – Hatha Yoga</b> Cibeleh Augusto  <b>18:30 – Hatha Yoga</b> Cibeleh Augusto  <b>19:30 – Kundalini</b> Sat Santokh Kaur  <b>20:30 – Hatha Yoga</b> Cibeleh Augusto	<b>18:00 – Hatha Yoga</b> Márcia Marcatto  <b>19:00 – Hatha Yoga</b> Márcia Marcatto  <b>20:00 - Hatha Yoga</b> Márcia Marcatto	<b>17:30 – Hatha Yoga</b> Cibeleh Augusto  <b>18:30 – Hatha Yoga</b> Cibeleh Augusto  <b>19:30 – Kundalini</b> Sat Santokh Kaur  <b>20:30 – Hatha Yoga</b> Cibeleh Augusto	
<b>Noite</b>		<b>19:30 – Meditação</b> Marcos Rosa			